

# STAR TOUR 02 - 6 E-BIKE EXCURSIONS WITH A STAY AT ADAM'S HOUSE

**Sunday: Welcome to Crete**

**Individual flight to Crete**

**Meals: Dinner**

**Accommodation: Adam's house or nearby**

**Monday: The greatest taverna of Crete in the village of Kyparissi**

On the first day we meet our friend Yannis in his taverna in the village of Kyparissi. The ride takes us through vineyards and along roads with little traffic. The view during the ride of the Mount Youkhtas on one side and the Mount Ida on the other is particularly fascinating. In the village of Kyparissi in Yannis' taverna a wine tasting is awaits us and afterwards we have lunch.

**Route 43km Time 5 hrs Ascent 760m Descent 900m**

**Meals: Breakfast, lunch / Accommodation: Adam's house or nearby**

**Tuesday: Tris Ekklisies – the lonely beach in the south**

The starting point is the village of Kyparissi, from where we cycle towards the south. After a few kilometers we reach the foot of Asteroussia Mountains, passing many villages and heading east until we reach the village of Pyrgos. From here we cycle south uphill to an altitude of 630m until we see the Libyan Sea in front of us. Thenext 17km we cycle comfortably downhill to our destination, the lonely beach Tris Ekklisies (three Churches).

**Route 50km Time 5 hrs Ascent 990m Descent 1200m**

**Meals: Breakfast, lunch / Accommodation: Adam's house or nearby**

**Wednesday: Mountain tour through the Ida massif with the highest mountain in Crete**

Today we are driven by minibus to the mountains above the village of Gergeri. From here we start northwards to an altitude of over 1300m, passing many typical mitata (shepherd's huts) towards the Nida plateau. From Nida we cycle up to the cave where Zeus was born. Then we cycle downhill to the village of Anogia, known and loved for its delicious lamb. Here we have lunch.

**Route 50km Time 5 hrs Ascent 560m Descent 1150m**

**Meals: Breakfast, lunch / Accommodation: Adam's house or nearby**

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## **Thursday: Fodele, birthplace of El Greco and Agia Pelagia**

Our starting point is 4km away near the village of Asites. We head north via various villages until we almost reach the north coast near Heraklion. From here we head uphill west through the picturesque village of Marathos until we reach the birthplace of the famous painter El Greco. Fodele is situated in an impressive valley with a picturesque stream, where we take a longer break, also to be able to look at all the sights. Afterwards we continue to one of the most beautiful beaches of the north coast with many small bays in the area of Agia Pelagia.

**Route 52km Time 5 hrs Ascent 540m Descent 1100m**

**Meals: Breakfast, lunch / Accommodation: Adam's house or nearby**

## **Friday: A Shepherd of the South**

From our house in Siva, we start in a southerly direction. On a low-traffic route we reach the village of Pompia at the foot of the Asteroussia mountain range. The serpentine, panoramic road takes us to the village of Pigaidakia. From here we cycle downhill to the south coast to the shepherd Stelios. The shepherd awaits us with delicious lamb cooked in the shepherd's style.

**Route 55km Time 5 hrs Ascent 950m Descent 1250m**

**Meals: Breakfast, lunch / Accommodation: Adam's house or nearby**

## **Saturday: The villages of our area and wine tasting**

Today's ride takes us through vineyards and along roads with little traffic. On the way we make many stops and look at interesting sights such as the Minoan wine presses and the church of Sant Panteleimon. A wine tasting awaits us at a well-known wine grower in our area. Afterwards we will have lunch at Nikos' taverna with a breathtaking view.

**Route 43km Time 5 hrs Ascent 760m Descent 840m**

**Meals: Breakfast, lunch / Accommodation: Adam's house or nearby**

## **Sunday: Farewell to Crete**

**Drive to the airport and return flight home**

**Meals: Breakfast**